



International Wushu Tournament **MOSCOW WUSHU STARS 2023**

**02-08 May, 2023
Moscow (Russia)**

REGULATIONS

1. DATE AND PLACE

International tournament "Moscow Wushu Stars" will be held from 2nd to 8th May, 2023 in Moscow (Russia).

Teams must arrive not later than the 3rd May, 2023 prior to 14:00 (see Competition schedule).

2. COMPETITION VENUE

Moscow Wushu Palace (address: 30/2, b. 1, Khersonskaya str, Moscow).

3. PARTICIPANTS

3.1 Those eligible to participate are national teams from EWUF member countries and IWUF member countries.

3.2 All applications shall bear the signature of the respective team manager.

4. PARTICIPATION FEE

20 Euro - for the 1st event.

10 Euro - for the 2nd and 3rd event if any.

5. JUDGES

Each team may send a qualified judge who must take part in the Judges' Refresher Course.

6. EVENTS

6.1 TAOLU

6.1.1 AGE CATEGORIES

"Children B": full age 7-8 (only for Modern Taolu);

"Children A": full age 9 – 11;

"Cadets": full age 12 – 14;

"Juniors": full age 15 – 17;

"Adults": full age 18 – 35;

"Senior": full age 36-60 (only for Traditional Taolu and Taijiquan).

The age calculation is based on the age on the 31st December, 2023.

6.1.2 MODERN TAOLU

Category "Children B" (age 7-8)

Basic routines: Changquan (18 Forms), Daoshu (18 Forms), Jianshu (18 Forms), Qiangshu (16 forms), Gunshu (16 forms), Nanquan (16 forms), Nandao(16 forms), Nangun (16 forms).

Category "Children A" (age 9-11)

Compulsory routines: Changquan (No 3 Elementary Routine), Daoshu, Jianshu, Qiangshu, Gunshu, Nanquan, Nandao, Nangun (Elementary Taolu 32 form), Taijiquan (32 forms), Taijijian (32 forms).

Dual events: 1) barehand; 2) with weapons (Compulsory IWuF Intermediate Routines).

Category "Cadets" (age 12-14)

Compulsory routines:

- Changquan (Changquan 46 form or 1st Set International Routine),
- Daoshu (1st or 3rd Set of International Competition Taolu),
- Jianshu (1st or 3rd Set of International Competition Taolu),
- Qiangshu (1st or 3rd Set of International Competition Taolu),
- Gunshu (1st or 3rd Set of International Competition Taolu),
- Nanquan (1st or 3rd Set of International Competition Taolu),
- Nandao (1st or 3rd Set of International Competition Taolu),
- Nangun (1st or 3rd Set of International Competition Taolu),
- Taijiquan (42 forms Taijiquan or 3rd Set of International Competition Taolu)
- Taijijian (42 forms Taijiquan or 3rd Set of International Competition Taolu)

Dual events: 1) barehand; 2) with weapons (compulsory IWuF Intermediate routines).

Category "Juniors" (age 15-17)

Optional routines or 3rd Set International Routines: Changquan, Daoshu, Jianshu, Qiangshu, Gunshu, Nanquan, Nandao, Nangun, Taijiquan, Taijijian.

Time limit of optional Changquan, Daoshu, Jianshu, Qiangshu, Gunshu, Nanquan, Nandao, Nangun routines is no less than 1 min. 20 sec., for Taijiquan and Taijijian routines – between 3 and 4 minutes.

Optional individual routines in junior competition will utilize the Non-Degree of Difficulty Scoring Method (comprising of A Group – Quality of Movements Scoring & B Group – Overall Performance Scoring only).

Dual events: 1) barehand; 2) with weapons (compulsory IWuF Intermediate routines).

Category "Adults" (age 18-35)

Optional routines: Changquan, Daoshu, Jianshu, Qiangshu, Gunshu, Nanquan, Nandao, Nangun, Taijiquan, Taijijian.

Time limit of optional Changquan, Daoshu, Jianshu, Qiangshu, Gunshu, Nanquan, Nandao, Nangun routines is no less than 1 min. 20 sec., for Taijiquan and Taijijian routines – between 3 and 4 minutes.

Optional individual routines in adult competition will utilize the Non-Degree of Difficulty Scoring Method (comprising of A Group – Quality of Movements Scoring & B Group – Overall Performance Scoring only).

Dual events: 1) barehand; 2) with weapons (compulsory IWuF Intermediate routines).

Each athlete may, at most, register to participate in 4 events: 1 barehand modern taolu routine, 1 short weapon modern taolu routine, 1 long weapon modern taolu routine and 1 dual event.

6.1.3 TRADITIONAL TAOLU

Traditional Barehand Routines

Group 1. Traditional Bagua, Xingyi, Bajiquan

Group 2. Traditional Nanquan - Baimeiquan, Wuzuquan, Hongjiaquan, Huangjiaquan, Mojiaquan, Lijiaquan, Cailifoquan, Huheshuangxingquan, Liujaquan, Heihuquan, Yumenquan etc.

Group 3. Yongchunquan (Wingchun) and Hequan Yongchunquan (Wingchun): 1st-6th Duan Routines, Traditional Yongchunquan barehand routines ((Xiaolianquan (xiunimtau), Xunqiao (Chumkiu), Biaozi (Biuji)).

Group 4. Imitation styles: all imitation routines including Houquan, Yinzhuaquan, Zuiquan, Tanglangquan, Ditangquan, Zonghequan, Minghequan, Heihuquan etc.

Group 5. Traditional Tongbei, Fanzi, Chuojiao, Pigua

Group 6. Traditional Shaolinquan.

Group 7. Wudang styles: Zhang Sanfeng Taijiquan, Songxi Neijiaquan, Baxianquan, Xuanwuquan, Wudang Baguaquan, Wudang Xingyiquan, Tayiwuxingquan etc.

Group 8. Chaquan, Huaquan.

Group 9. Other traditional styles: baoquan, baimei (pakmei), liuhequan, gongliquan, yuejiaquan, etc. not belonging to previous categories.

Traditional Weapon Routines

Group 1. Traditional Gunshu,

Group 2. Traditional Short Weapon,

Group 3. Traditional Long Weapon,

Group 4. Traditional Double Weapon,

Group 5. Traditional Soft Weapon,

Group 6. Traditional Yongchunquan (Wingchun) weapon routines (Hudie shuangdao, Liudianban gun),

Group 7. Yongchunquan Wooden Dummy Routines.

Traditional Duilian Events

Group 1. Traditional barehand duilian events,

Group 2. Traditional duilian events with weapon.

Each athlete is eligible to take part in no more than 4 events including: 2 barehand traditional taolu routines (from different groups), 1 traditional weapon routine and 1 traditional duilian routine OR 1 traditional barehand routine, 2 traditional weapon routines (from different groups) and 1 traditional duilian routine.

Time limit of traditional routines for Children A – no less than 40 sec., for Cadets – no less than 50 sec., for Juniors, Adults, Seniors – no less than 1 min.

Time limit of traditional duilian routines for Children A – no less than 30 sec., for Cadets – no less than 40 sec., for Juniors, Adults, Seniors – no less than 50 sec.

6.1.4 TAIJIQUAN

Taijiquan barehand routines

Group 1. New Standardized routines (Yang Style Taijiquan, Chen Style Taijiquan).

Group 2. Compulsory routines (Simplified 24 Movements Taijiquan, 42 Movements Taijiquan, etc).

Group 3. Traditional Routines (Yang Style Taijiquan, Chen Style Taijiquan, Wu Style Taijiquan, Sun Style Taijiquan, Wudang Taijiquan, He Style Taijiquan).

Taijiquan weapon routines

Group 1. New Standardized routines (Yang Style Taijijian, Chen Style Taijijian).

Group 2. Compulsory routines (Simplified 32 Movements Taijijian, 42 Movements Taijijian).

Group 3. Various Traditional Taiji Weapon Routines.

Time limit for all Taijiquan routines is no more than 4 minutes.

Each athlete is eligible to take part in no more than 2 events including: 1 barehand taijiquan routine and 1 weapon taijiquan routine.

6.2 SANDA (Contact Fighting):

6.2.1 Age categories

"Children": age 12 – 13;

"Juniors B": age 14 – 15;

"Juniors A": age 16 – 17;

"Youth": age 18 – 19

"Adults": age 20 – 40.

The age calculation is based on the age on the 31st December, 2023

6.2.2 Weight categories:

(a) Children 12-13:

Male categories: 30 kg , 33 kg, 36 kg, 39 kg, 42 kg, 45 kg, 48 kg, 52 kg, 56 kg, 60 kg.

Female categories: 30 kg , 33 kg, 36 kg, 39 kg,42 kg, 45 kg, 48 kg, 52 kg, 56 kg, 60 kg.

(b) Juniors 14-15:

Male categories: 36 kg, 39 kg, 42 kg, 45 kg, 48 kg, 52 kg, 56 kg, 60 kg, 65 kg, 70 kg, 75 kg.

Female categories: 36 kg, 39 kg,42 kg, 45 kg, 48 kg, 52 kg, 56 kg, 60 kg, 65 kg.

(c) Juniors 16-17:

Male categories: 42 kg, 45 kg, 48 kg, 52 kg, 56 kg, 60 kg, 65 kg, 70 kg, 75 kg, 80 kg, 85 kg.

Female categories: 42 kg, 45 kg, 48 kg, 52 kg, 56 kg, 60 kg, 65 kg.

(d) Youth (18 – 19)

Male categories: 48 kg, 52 kg, 56 kg, 60 kg, 65 kg, 70 kg, 75 kg, 80 kg, 85 kg, 90 kg, +90kg.

Female categories: 48 kg, 52 kg, 56 kg, 60 kg, 65 kg, 70 kg, 75 kg.

(e) Adults (20 – 40):

Male categories: 48 kg, 52 kg, 56 kg, 60 kg, 65 kg, 70 kg, 75 kg, 80 kg, 85 kg, 90 kg, +90kg.

Female categories: 48 kg, 52 kg, 56 kg, 60 kg, 65 kg, 70 kg, 75 kg.

7.3.3 Competition will be held under EWUF SANDA Rules

http://www.ewuf.org/assets/ewuf_rules_of_sanda.pdf

Nota bene! All punches (including single) and kicks to the head are strictly forbidden for Junior category (12-13; 14-15; 16-17 years).

7.3.4 Each competitor is required to possess two (2) sets of competition costumes: one (1) set in blue and one (1) set in red. Gloves, helmets and chest protectors (red and blue) will be provided by the Organizing Committee.

Each competitor is required to possess their own mouth guard, jockstrap, and instep guard.

7.3.5 Leitai Platform shall be used for fights.

6.3 TUISHOU

6.3.1 Age categories

"Juniors B": full age 15 – 17 (male and female),

"Adults": full age 18 – 35 (male and female).

6.3.2 Weight categories.

"Juniors B": full age 15 – 17 (male and female),

Male categories: 42 kg, 45 kg, 48 kg, 52 kg, 56 kg, 60 kg, 65 kg, 70 kg, 75 kg, 80 kg, 85 kg.

Female categories: 42 kg, 45 kg, 48 kg, 52 kg, 56 kg, 60 kg, 65 kg.

"Adults": full age 18 – 35 (male and female)

Male categories: 48 kg, 52 kg, 56 kg, 60 kg, 65 kg, 70 kg, 75 kg, 80 kg, 85 kg, 90 kg, +90kg.

Female categories: 48 kg, 52 kg, 56 kg, 60 kg, 65 kg, 70 kg, 75 kg.

Competition will be held under EWUF TUISHOU Rules

http://ewuf.org/assets/taiji_tuishou_rules.pdf

Dress and Protective Gear

According to EWUF TUISHOU Rules, Article 8.

7. DRAWING-LOTS CEREMONY

The drawing-lots of International tournament "Moscow Wushu Stars" will be conducted by the MWS Organizing Committee at 21:00 (Moscow Time) on May 3rd, 2023. The MWS Organizing Committee will draw on behalf of the teams that are unable to send a representative to attend.

8. WEIGHING-IN

The initial weighing-in for Sanda and Tuishou athletes will take place at 15:00 (Moscow Time) on May 3rd, 2023.

9. COMPETITION METHODS

9.1 Maximum entries for each athlete are not limited.

9.2 If there are less than 6 (six) competitors in the group they are added to another group which is closest.

9.3 In dual events different age categories, as well as men and women cannot be mixed.

9.4 The competition will be Individual Competition.

9.5 In Sanda competition the single knockout system will be adopted. If the number of competitors is three (3) or less, a single round-robin method will be adopted.

9.6 Following arrival and registration, the athletes will go through the initial weighing in and drawing lots formalities as stipulated in the schedule.

10. ENTRIES

10.1 Preliminary entries should be sent before **1st March, 2023** to nika-wushu@ya.ru.

10.2 The Final Entry Forms must be submitted through the electronic online registration system www.competitionbook.com no later than **1st April, 2023**.

10.3 Penalty of 50 Euro will apply, if submitting Final Entry Form after the deadline.

10.4 The original Final Entry Form must be brought to the registration;

10.5 Final Entry Forms must be submitted only according to the published application form (self-made application forms will not be accepted);

10.6 All names and surnames must be typed in English.

11. ACCOMMODATION

4 Star Hotel (lodging + 3 meals/day + transportation):

Standard double room: 65 Euro per person per day.

Standard single room: 75 Euro per person per day.

12. CONTACTS

Contact person: +7 908 27 68 133 (Iraida Grebneva), nika-wushu@ya.ru

13. AWARDING

There shall be separate awarding for all events. All the certificates will have a mention as follows: "International Tournament "Wushu Stars 2023".

The awarding shall be done following EWuF Rules unless stated otherwise.

In case there are more than 3 competitors, 3 medals are given. In case there are 3 competitors 1st and 2nd places are awarded. In case there are 2 competitors, only 1st place is awarded.

In Sanda and Tuishou competition the top three place athletes within each weight category will receive a placing and award for both men and women. Third place athletes will be placed in juxtaposition.

14. OTHER MATTERS

Each team is required to bring the following:

1. The original Final Entry Form;
2. For every competitor:
 - Citizen passport (original);
 - Health certificates (including ECG). The Health Certificate is only valid if it has been issued within a period 30 days prior to the competition; For Sanda, Tuishou athletes - health certificate showing electroencephalogram (EEG), electrocardiogram (ECG), blood pressure and heart rate in a medical check-up taken within 30 days before the day of registration. All names and surnames must be typed in English.
 - Valid Life Insurance Certificate;
 - Waiver of Liabilities.
4. A USB flash drive with national Anthem
5. A national flag

These regulations are considered to be the official invitation to the tournament!



**International Wushu Tournament
MOSCOW WUSHU STARS 2023**

GENERAL SCHEDULE

Date	Content	Venue
02.05.2023	Teams' arrival	
03.05.2023	Registration 12.00-21.00 Weighing-in for Sanda and Tuishou 15.00-17.00 Technical meeting (for coaches and team leaders) 17.00 Judges' Refresher Course 18.00-20.00	TBC
04.05.2023	Modern Taolu, Sanda competition Opening Ceremony 13.00	Moscow Wushu Palace
05.05.2023	Modern Taolu, Sanda competition Opening Ceremony	
06.05.2023	Modern Taolu, Sanda competition	
07.05.2023	Traditional Wushu (Kungfu), Tuishou competition	
08.05.2023	Teams Departure	

International Wushu Tournament “Moscow Wushu Stars 2023”

WAIVER OF LIABILITIES

For Team Members including Observers

Picture of
participant

Federation _____

Name of Participant: _____

Date of Birth: _____ Sex: _____

Nationality: _____ Passport No: _____

Status: ***Athlete*Team Manager *Coach *Doctor *Observer*** indicate your status

I, _____ the undersigned, knowingly and without duress, do voluntarily submit my Entry to the International Wushu Tournament “Moscow Wushu Stars 2023”. In consideration of the Organizing Committee accepting my application, I hereby assume all risk of physical and mental injuries, disabilities and losses which may result from or in connection with my participation in the International Wushu Tournament “Moscow Wushu Stars 2023”. The International Wushu Tournament “Moscow Wushu Stars 2023” is hosted and organized by the Russian Wushu Federation, hereafter Russian Wushu Federation collectively refers as “Organizing Committee”, acting for myself, heirs, personal officers, agents, representatives and assignees, I do hereby release the Organizing Committee, its officers, agents, representatives, volunteers, and other related members from all claims, actions, suits, and controversies at law or in equity by reason of any matter, cause or thing whatsoever that I may sustain as a result of or in connection with my participation in the International Wushu Tournament “Moscow Wushu Stars 2023”. I fully understand that all medical attention or treatment afforded to me by the Russian Wushu Federation, its officers, representatives, volunteers, and all other related members will be of the first aid only, and hereby release the Russian Wushu Federation its officers, representatives, volunteers, and all other related members from any liability for such aid. I understand it is my obligation to obtain medical coverage. I agree to abide by and follow the Rules established by the EWUF and the Russian Wushu Federation, and I understand that my protest must be conducted in accordance with the rules of Arbitration. I understand that my personal behavior shall be expected to reflect a good image of Wushu while performing or while in the audience or in the hotel or other public places while in Russia. If I am attending only as an Observer I fully understand that my behavior is equally subject to conformity with expectations of good behaviour. Whether I am a participant or an observer the Organizing Committee reserves the right to caution me or have me removed from the competition area if the Organizing Committee deem my behavior to be undesirable. The Organizing Committee has the power to suspend a competitor or the entire team if any team member(s) including observers after having been warned continue to behave in a manner that is contrary to the behavior expected.

I agree that my performance, attendance, and participation at the International Wushu Tournament “Moscow Wushu Stars 2023” may be filmed or otherwise recorded or released or telecast live. I consent that the Russian Wushu Federation to use my name, address, voices, poses, pictures and biographical data concerning full or parts, in any form or language, with or without other material, throughout the world, without limitation, for television, radio, video, theatrical medium picture, or any other medium by any devices now known or hereafter devised and I do hereby Waive any compensation in regard thereof as well as any future rights to the aforementioned.

Furthermore if I am a participant in sanda events I declare I hereby acknowledge and confirm my understanding and willingness to participate in the International Wushu Tournament “Moscow Wushu Stars 2023” event of full contact fighting called “sanda”.

For sanda, full contact fighting, I confirm and fully understand that:-

1. I have studied sanda, the art of Chinese full contact fighting.
2. Sanda fights take place on a raised platform called a Leitai and I am experienced competing on this.
3. I have studied the rules of sanda.
4. I have trained for and am ready to take part in sanda events
5. I have taken part in sanda events previously.

I further confirm my full understanding of risks and dangers of participation in sanda:-

6. I fully understand that sanda involves each opponent trying to hit the other with force.
7. That the use of the hitting force and other techniques are intended to cause damage to my body to cause me to retire from the fight.
8. That the use of the hitting force and other techniques are intended to cause sufficient trauma and or pain that may result in knocking me out.
9. I fully understand the risk of being hit to the head and that such hits will cause brain damage killing brain cells which cannot be replaced. Furthermore I fully understand that repeated hits to the head cause exponential brain damage irreversibly killing brain cells that may or will impede my mental faculties and cognitive processes.
10. I fully understand that brain damage in full contact sanda can leave me impaired at various levels of cognitive disability and or immobility.
11. I fully understand that damaged received in full contact sanda can be fatal either at the point of being hit or at a later time.
12. I fully understand that the Organizing Committee and others associated with the hosting of the full contact sanda events cannot prevent me from being hit and or receiving injury and potential brain damage and I exonerate them from any and all responsibility and liability regarding any injury or being killed as a result directly or in directly attributed to my participation in the full contact sanda events.
13. Concerning the raised platform (leitai) I fully understand that by the nature of it having edges it means that should I fall on the edge of the platform I can be severely injured or killed by but not limited to breaking my back or neck.
14. Concerning medical treatment on site I fully understand and accept that treatment for brain damage cannot be expected at the site of the event and that removal from site to hospital can in itself add to the condition of such an injury.

I have been informed about and assume full responsibility for any eventual risk of injury, damage to my health or death which may result from taking part in this kind of event".

Before signing this declaration I and my coach and Team Manager, plus if applicable my parent/guardian, have been given the opportunity to discuss the dangers associated in full contact sanda conducted on a Leitai with both an Technical Committee representative and a medical doctor and having done so and with my full understanding of the risks I declare I am prepared and willing to participate in the International Wushu Tournament "Moscow Wushu Stars 2023"insanda events and too sign the waiver of responsibility.

I the below signed participant, parent/guardian and coach have read and fully understand the waiver listed above.

(Signature of Parent or Legal Guardian is required if participant is under 18) in all cases certified by Team Manager

Signature of Participant Signature of Parent/Guardian Signature of Team Manager Date

